

5K Run/Walk

benefiting the

BRENDAN and LIAM SHANAHAN FOUNDATION

The Brendan and Liam Shanahan Foundation has been formed to help families that are faced with the emotional and monetary hardships when caring for terminally ill children.

Jennifer Braguglia, a resident of East Rockaway for 31 years and her husband, Michael Shanahan had their first son, Brendan, on March 18, 2004 and lost him to what doctors believed to be a neurological disorder one week before his first birthday. On September 12, 2007 Liam was born and in May he was admitted to The Children's Hospital of Philadelphia after experiencing unstopable seizures. After numerous tests, Liam was diagnosed with Alpers' Disease - a progressive, degenerative disease of the central nervous system that occurs in infants and children. There is no cure and currently, no way to slow its progression. The prognosis for individuals with Alpers' Disease is poor; children usually die within the first decade of life.

The Shanahan's hope to provide support groups as well as financial support, through donations, to families struggling to care for a terminally ill child, pay for medical and nursing care as well as meet day to day expenses of an average family.

Date: October 25, 2008
Time: 9:00 am

Entry fees:

- \$ 25 PRE-REGISTERED RUNNERS
- \$ 15 PRE-REGISTERED WALKERS
- \$ 30 DAY-OF-RACE RUNNERS
- \$ 20 DAY-OF-RACE WALKERS

****PRE-REGISTRATIONS WILL BE ACCEPTED UNTIL OCTOBER 4, 2008. AFTER THAT, YOU MUST PAY THE DAY OF RACE PRICE****

START: Talfor Boat Basin Main Street, East Rockaway. The 5K race will follow along the waterfront area of East Rockaway and Bay Park.



Award will be given to the top 3 males and females in all races:

	14 & under	15 -19
20-24	25-29	30-34
	35-39	40-44 45-49
50-54	55-59	60-64
	65-69	70-74 75-80+
	and wheelchair	

Sponsored by New Balance & Newton Shows

Please return form with payment. Please make checks payable to The Brendan and Liam Shanahan Foundation.

Waiver: In consideration of the application being accepted, I herby, for myself, my heirs, and executers waive, release and forever discharge any and all right and claims for damages, demands, or actions which I may have or may hereafter accrue to me against the Incorporated Village of East Rockaway, Finish Line Road Race technicians and all sponsors of the Oktoberfest 5K run/walk for any injuries suffered by me, in any manner, in said event. I recognize that dogs and racing strollers are not permitted in the run.

Name _____

Address _____

Phone _____ Sex _____ Age on race day _____

Signature _____ Date _____

Signature of parent/guardian if under 18 _____ Date _____

Please circle tee shirt size: S M L XL

Please send form and payment to: East Rockaway Recreation, 376 Atlantic Avenue East Rockaway, NY 11518
 Phone: 516-887-6321 Fax: 516-887-0684